What was hanging alongside old glory?

It started out as a routine workout but turned into an adventure.

My journey began Wednesday morning as the sunrise

was beaming steady streams of light straight toward me.

It was a magnificent start to my day. Walking up the mountain side was

exhilarating as I approached the hiking trail.

The rocks provided stability for placement of my feet as the elevation increased.

Each angulation would put me closer to finding out what waited for me on top of Black Mountain.

Making it up and over the first ridge proved an adrenaline rush. Still there was much distance to travel.

But what was hanging alongside old glory? Who had been there before me?

It turned out upon my arrival on top of Black Mountain a silicone custom wristband was slipped

onto the flag pole. Carefully unhooking the carabiner clip I released the wristband restoring old glory in all

of her beauty.

The good news is you don’t have to go on an adventure like this one to have your own custom silicone wristband.

No, all you need to do to have one is to: Go here now: <https://www.siliconecustomwristband.com>.

Always Fit for life,

Pam Pastor